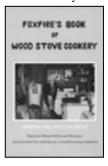


Foxfire News

New Book Available:

The Foxfire Book of Wood Stove Cookery

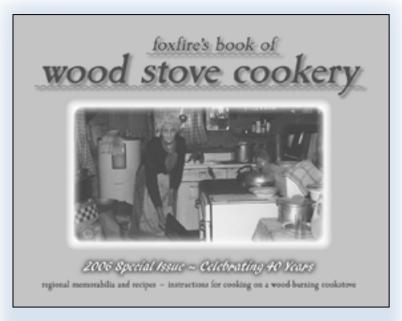
One of Foxfire's strengths in the classroom has always been the ability to excite students to the point that they find and take on educational challenges of their own choosing. In 1980, some Foxfire students wanted to tackle "something more challenging, something beyond a magazine article" for their summer work project. Building on information collected by students Kim Foster and Tammy Hicks Whitmire during earlier years of



interviews, students Kim Hamilton, Dana Holcomb, and Rosanne Chastain set out to expand the collection of recipes and tales of pre-electricity, traditional Appalachian cooking. After two summers and the school year in between, *The Foxfire Book of Wood Stove Cookery* was completed and published as the Winter 1981

issue of *The Foxfire Magazine*. Demonstrating another of the Foxfire program's strengths, the project did not end with that *Magazine* issue or with those students. Later high school students gathered more stories and more recipes and carried this idea even farther to create Foxfire's second book beyond the numbered *Foxfire* anthology series — *The Foxfire Book of Appalachian Cookery*.

Available in print for the first time since 1981, Foxfire is now offering this redesigned version of the original *Wood Stove Cookery* magazine issue, complete with the in-depth feature article showcasing proprietors Arizona and Terry Dickerson of the long-closed Dickerson House boarding establishment in Rabun County's Wolffork Valley. The 100+ indexed recipes include pies, cakes, cobblers, all manner of vegetables (including grits), assorted breads, and unique traditional favorites like "riz" biscuits, red-eye gravy, icicle



The Foxfire Book of Wood Stove Cookery is available exclusively from Foxfire for \$9.95 (plus S&H). To get your copy, visit The Foxfire Museum and Heritage Center or contact the gift shop at 706-746-5828 or giftshop@foxfire.org, or order through our website at www.foxfire.org.

pickles, fried green tomatoes, and many more.

The book's 134 spiral-bound pages contain information, diagrams, and basic techniques for firing up and cooking on an old-fashioned wood-burning cookstove, numerous black-and-white photos, and memories from the Foxfire contacts who provided the stories and recipes for producing some of the best-tasting dishes you'll ever remember.

The Foxfire Fund, Inc.

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Foxfire to Participate in Arts Tour

This year, Foxfire will join numerous art galleries, heritage areas, and craft demonstration sites along the 60-mile route of the Mountain Heritage Arts Tour, an annual self-guided driving tour showcasing northeast Georgia's unique mix of small shops, talented artists, and regional heritage. Billed as a weekend-long "community-wide street party," the Tour includes galleries, working art studios, heritage sites, lodging, restaurants, and wineries. Each site along the tour has a working artist, a craft demonstration, or live musicians - something representing the site or the area's unique flavor.

Produced by the Georgia Heritage Center for the Arts, the Tour navigates a scenic loop through the counties of Habersham, Rabun, and White. "Tourists" are equipped with a map showing the route and listing all of the participating sites, and are further aided by bright yellow construction-style signs

along the roadways proclaiming "Art Work Ahead" or "Art Detour" or other sayings intended to help drivers locate the participating sites. Other special events are scheduled for GHCA sites, including dances and a breakfast with the artists, and all sites will have a raffle item to raise proceeds for two regional organizations who work with families in abusive homes.

This year's Tour, the third annual, is scheduled for Friday, June 23, through Sunday, June 25. Foxfire will be participating on Friday and Saturday, June 23-24, with demonstrations and displays at the Museum gift shop, including Foxfire's 40th Anniversary quilt. Check the "news" page at www.foxfire.org for more details as they become available. To obtain more information about the Mountain Heritage Arts Tour or to get the Tour map when it's published, visit www.mountainheritageartstour.com, or contact GHCA at 706-754-5989 or ghca2@alltel.net.

Upcoming Foxfire Courses for Teachers

The Foxfire Course for Teachers (formerly Foxfire Level One) explores the Foxfire Approach to Teaching and Learning, a set of guiding Core Practices distilled from the phenomenal success of the original Foxfire classroom program. Through the Course, currently practicing teachers will evaluate



their existing perceptions of the teacher-learnercurriculum relationship, then identify, challenge and redefine perceptions that need alteration, and merge these new perceptions into their teaching practices.

There are three courses scheduled for this summer. The Piedmont College summer-session course for K-12 teachers runs May 22–July 17, meeting Tuesdays from 9 a.m. – 1:30 p.m. at Piedmont's Demorest, Georgia, campus. A residential course for K-12 teachers will be held at The Foxfire Museum and Heritage Center June 25–30. Lastly, a residential course for college professors is scheduled at Foxfire July 15–21. Tuition, dormstyle lodging (single or double beds), breakfast and lunch, and course materials are included in the fees for residential courses. Academic credit is available through Piedmont College. For course fees and more information, contact Hilton Smith at 706-778-8500, ext. 1297, or by email at hsmith@piedmont.edu.

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The Village Weaver's Workshops

Sharon Grist, Foxfire's artist-in-residence, will be conducting a pretty full schedule of fiber-working events for 2007, ranging from semi-private training classes all the way up to everyone-welcome group events. If you are interested in staying overnight at Foxfire while attending one of The Village Weaver's workshops, please contact Foxfire at 706-746-5828 or by email at giftshop@foxfire. org. All classes will be held at The Village Weaver's shop (the Tiger House) at the Foxfire Museum and Heritage Center, unless another location is specified. On fiber class days, the Weaver's shop will not be open to the public. Pre-registration with payment is required no later than 10 days prior to the class/event. If you need more information on any of the events listed below, please contact Sharon Grist at 706-490-0332.

3rd Annual Regional Spinning Bee-June 9

For hand-spinners of all ages and skills. Bring a chair, lunch, your wheels or spindles, and plenty of fleece. A chance to relax and spend the day (or as long as you can stay) in a shady mountain meadow (weather permitting; in a nearby log

cabin otherwise), work your fiber, and trade techniques and stories with other spinners. Extra spinning wheels will be available for anyone who wants to try their hand at spinning but cannot



bring a wheel of their own. Good weather: 10 a.m. -4 p.m.; Bad weather: 12 p.m. -4 p.m. There is no cost.

Natural Dye Workshop—August 24-25

The only complaint attendees at last year's one-day Natural Dye Workshop had was that they wanted *more*, so this year's Workshop will be two full days. Led by Cheri Jackson, students will spend the first day preparing skeins of wool



yarn, mixing mordant baths, and readying the yarn for dyeing. The second day, students will gather fresh plants, make the natural dye solutions, and dye their skeins. 10 a.m. — 4 p.m. each day. Please contact Sharon Grist for cost, class size, and other details.

~ 2007 Workshops ~

Basics of Knitting - March 24

A beginner class for adults interested in learning to knit. Bring a pair of knitting needles, yarn, and your own lunch. $10 \ a.m. - 3 \ p.m.$ Cost is \$35. Limited to four students.

Beginning Weaving - April 13-14 and July 30-31

A two-day beginner class for an adult—one-on-one with the instructor. The student will be acquainted with the timeless technique of finger (tapestry) weaving, move on to

rigid heddle weaving, and spend most of their time on a modern floor loom. Student will choose yarns, set up a loom, and weave a 6" x 54" chenille scarf by the end of the class. Materials are included, but please bring your own lunch. 9 a.m. — 3 p.m. each day, Cost is \$180. Limited to one student.



The Anatomy of Socks - September 22

An intermediate class for adults who already know how to knit and purl. Students will become familiar with the parts of a sock and will learn the techniques of shaping each part by making a miniature sock. Yarn weight and needle size for different sock styles will be discussed. Students will receive a basic crew sock pattern that can be adapted for any foot size and any yarn size. Students must bring their own lunch and materials – contact Sharon Grist for specific materials. 9 a.m. — 3 p.m. Cost is \$45. Limited to four students.

Beginning Spinning — October 20

A basic class to learn how to prepare fleece for spinning, begin spinning on a hand spindle, and then move up to a treadle wheel later in the day. Materials are included, but please bring your own lunch. 10 a.m. -3 p.m. Cost is \$45. Limited to three students.

Ins and Outs of Cables - November 17

An intermediate class for adults who already know how to knit and purl. Students will learn elements of Aran design, including cables, honeycomb and slipped stitches, and a variety of background stitches, enabling students to follow commercial patterns or design their own. Please bring worsted weight yarn, needles (US size 5, 6, 7, or 8), a cable needle, and your own lunch. 9 a.m.-3 p.m. Cost is \$45. Limited to four students.

A Fun Way to Experience Foxfire — Attend the Fall Heritage Festival

Foxfire would like to extend sincere thanks to everyone who helped make the 12th annual Fall Heritage Festival a huge success, especially to the featured contacts who were on hand to autograph copies of *Faith, Family, and the Land*—Ruth Cabe, Roberta Hicks, Eunice Hunter, Daisy Justice, G. A. Nasworthy, Clara Ramey, and J. P. & Mary Grace Speed. The 2006 Festival's earlier September date brought warmer temperatures, less wind, and more friends out to the Old Dillard School to visit with the contacts, watch the traditional crafters, listen to some great music, browse the dozens of raffle items, and generally have a wonderful time. Thanks to the hard work of over 70 volunteers and the contributions of more than 100 local businesses and individuals, the Festival provided well over 1,000 visitors with a taste of the traditions and heritage of Southern Appalachia. The event raised just over \$8000, which will be used to support Foxfire's local classroom programs, including *The Foxfire Magazine*, and help Rabun County students continue to document their unique heritage.















