

Blue Mountain Grill

BlueMtnGrill.com • 30 NC HWY 141 • Murphy, NC 28906 • 828-837-1362 • mary@bluemtngrill.com

Best Breakfast

Three Egg Omelet- Your choice of fillers with a toast or a biscuit. Filler Options:
ham, bacon, sausage, tomatoes, green bell peppers, spinach, mushrooms, onions, jalapenos,
potatoes, cheddarjack cheese, Swiss, American, cheddar, or feta cheese

Cheese Omelet 3.89 Up to two fillers 4.69

Three to five fillers 5.99 Up to six fillers 6.69

Each additional filler after six is .29 cents

Go Bananas for Breakfast- Rich banana bread hand battered in french toast batter then grilled and topped with sweet, buttery, caramelized bananas 4.99

Blue Mountain Breakfast- Two eggs any style, side of gravy or grits, side of sausage, bacon, or ham with toast or a biscuit 5.09

Corned Beef Hash- Grilled diced corned beef with onions, potatoes, and topped with two eggs any style 6.99

Breakfast Platters

Pancake Platter- One pancake 2.39 add choice of bacon, ham, or sausage 3.99

Two Pancakes 3.99 add choice of bacon, ham, or sausage 5.49

Add chocolate chips, blueberries, strawberries, or pecans for .50 cents each

Sweet Potato Pancakes- with homemade raspberry sauce Single-2.99 Double-4.59

Cinnamon Pancakes- topped with our cream cheese frosting or cinnamon butter

Single- 2.99 Double- 4.59

Big Breakfast Platter-Two eggs any style, side of gravy or grits, side of sausage, bacon, or ham with toast or a biscuit and a pancake 7.29

Early Riser- One egg any style, choice of meat, choice of gravy, grits, or substitute bread 3.69

Tater Platter- Two eggs any style, choice of meat, hashbrowns or homefries, toast or a biscuit 5.99

French Toast Platters- Single piece of French toast 2.39 Two pieces of French toast 3.39

Two pieces of hand dipped French toast with choice of meat 5.09

*****Country Ham will be an additional 1.50*****Turkey Sausage will be an additional \$.29*****

**No substitutions on Platters or Omelets*



Ask us about our New Blue River Market Products....



Lighter Choices

Fresh Fruit and a Muffin (Muffins vary) 2.29

Granola, Vanilla Yogurt, and choice of raisins or banana 3.59

Quiche with fresh fruit and muffin (Quiches vary) 5.19

Egg White Omelet- your choice of three fillers and a toast and a biscuit 5.89

Oatmeal- Rich and creamy

By the cup .89 By the bowl 1.59

A La Carte

One egg any style - .99 Two eggs - 1.69

An order of Bacon, Ham, Nantahala Sausage, Brasstown Sausage 1.79

Country Ham 3.39 Turkey Sausage 1.99

Toast (white, wheat, sourdough, or rye) biscuit, or English Muffin .99

Croissant 1.39 Raisin Toast 1.09 Bagel with Cream cheese 1.59

Side of gravy or grits .99 Banana Bread .89 Fresh Fruit cup 1.59

Hash-browns or Home-fries 1.79

add onions, peppers, tomatoes, mushrooms, ham or cheese for \$.29 each

Biscuit with gravy on top 1.98

Breakfast Sandwiches (choose toast, biscuit, or english muffin, add \$.40 for bagel or croissant)

Egg and cheese 1.99 Meat, egg and cheese 2.99 Chicken Biscuit 1.99

Meat and egg 1.99 Meat and cheese 2.49 Breakfast Meat 1.99

*****Substitute Gluten Free bread for an additional \$.59*****

Beverage Menu

Soft Drinks and Tea (free refills while you dine in) 1.69

Hi-C fruit punch, Coke, Diet Coke, Mr. Pibb, Sprite, Root Beer,

Brewed Sweet Tea, Brewed Unsweet Tea, Bottled Dasani Water, Mello Yello (in a can)

Milk, Orange juice, Lemonade, and Apple Juice Small .99
(no free refills on juice or milk) Large 1.79

Coffee Small 1.19
 Large 1.29

Hot Tea .89

Hot Chocolate .89

Milkshakes-hand-dipped milkshakes 3.99

Chocolate, Vanilla, and Strawberry