

Blue Mountain Grill

BlueMtnGrill.com • 30 NC HWY 141 • Murphy, NC 28906 • 828-837-1362 • mary@bluemtngrill.com

Appetizers

Cheesesticks A'Plenty- Variety of deep fried cheese deliciousness—combination of fried mozzarella wedges and jack sticks, with ranch or marinara sauce 6.99

Quesadillas-Excellent as a starter or a light meal, melted cheddar-jack cheese inside two flour tortillas served with salsa, guacamole, and sour cream

Cheese 4.99

Cheese and Chicken 5.99

Add a vegetable - .29 each (vegetables- peppers, onions, corn, tomatoes, mushrooms, spinach, jalapeños, or black beans)

Buffalo and Bleu Chips-An appetizer order of our homestyle chips with buffalo sauce, and melted bleu cheese served with your choice of ranch or bleu cheese dressing 6.99

Fried Green Beans-Battered and fried green beans-we'll do anything to keep from stringin' em-served with horseradish sauce 6.99

Onion Petals-A basketful of fried onion petals with chipotle ranch or horseradish sauce 6.99

Fried Pickles-A basketful of crisp fried dill and bread & butter pickles-a great mix! 6.99

Sweet Potato Fries-Sweet potato fries with our fresh made raspberry sauce 6.99

Soup & Sizzling Salad

Large Chicken Salad-House salad with grilled, fried, or blackened chicken 7.99

Caesar Salad-Grilled, fried, or blackened chicken on a classic Caesar salad. 7.99

Or try a surf and turf Caesar with sirloin tips and shrimp 10.99 Salad with sirloin tips 9.99

Mediterranean Caesar Salad-Grilled chicken over a classic Caesar salad topped with black olives, grape tomatoes, red onions, and feta cheese 8.99

Chipotle BBQ Salad-grilled chicken or beef glazed with chipotle bbq sauce and topped with melted cheese over spring greens with grape tomatoes, corn, black beans, red onions and grilled flatbread.

Chicken 8.99 - Beef 9.99

Soup Always homemade, never frozen, we do have the best soup in town! Let your server know if you have a particular soup you would like to see, we can probably whip it up sometime soon!

Cup of Soup 2.59

Bowl of Soup 3.59



Ask us about our New Blue River Market Products....



Dinner Entrees

Chicken

Single Chicken Breast-Grilled, Pecan Crusted, or Blackened with choice of two sides 8.59 Teriyaki Add .59

Teriyaki Chicken Platter-Two grilled chicken breasts, grilled pineapple slices, and red onions topped with teriyaki sauce and served with your choice of two sides 11.29

Pecan Crusted Chicken-grilled chicken breast topped with a seasoned pecan crust served with your choice of two sides 11.99

Grilled Chicken Breast Platter-Two grilled chicken breast with choice of two sides 10.59

Greek Chicken Platter-Grilled chicken with grilled onions, tomatoes, and melted feta cheese served with your choice of two sides 11.99

Smoky Chicken Platter-grilled and barbecued chicken topped with bacon and melted cheese served with grilled flatbread, sautéed corn and onions, and one side 11.99

Italian Chicken Platter-Two grilled chicken breast topped with sautéed onions, mushrooms, onions, and grilled flatbread basil pesto sauce, and parmesan cheese served over sautéed vegetables with one side 11.99

Steaks and Sirloin Tips

***Sirloin Tips**-10 oz of hand-cut sirloin tips grilled to any temperature, served with your choice of two sides 12.99

Add grilled onions, peppers, or mushrooms, or top with brown gravy .29 each
Black and Bleu Sirloin Tips add 1.00

***Tripp's Tips**-Our sirloin tips topped with bbq sauce, bacon, and cheddar-jack with two sides 13.99

***Cowboy Tips**-Sirloin tips smothered in onions, mushrooms, bbq sauce, bacon and cheddar-jack with two sides 14.29

***Steak Romano**-Sirloin tips served with seasoned tomatoes, onions, spinach, melted parmesan and served over pasta with a side salad 13.99

***Teriyaki Sirloin Tips**-Sirloin tips served with sautéed red onions, pineapple, and teriyaki glaze with choice of two sides 13.99

***10oz Ribeye**- Hand cut ribeye grilled to your liking with your choice of two sides 14.29

Black and Bleu Ribeye add 1.00 **Teriyaki Glazed Ribeye** with grilled onions and pineapples and teriyaki glaze add 1.00

***Ground Steak**-10 oz Brasstown beef hand-pattied ground steak with two sides 10.79
Add grilled onions, peppers, mushrooms, or top with brown gravy .29 each



Fish and Seafood

Shrimp Scampi over Bowties - Bowtie pasta topped with buttery shrimp sautéed in white wine and garlic, topped off with sautéed grape tomatoes and parmesan cheese, served with a side salad 13.99

Pecan Crusted Trout - Crusted with seasoned pecans and served with two sides 13.99

Grilled or Blackened Trout - grilled or blackened trout served with two sides 12.99

Grilled or Blackened Tilapia - grilled or blackened tilapia served with two sides 10.99

Orange Glazed Salmon - Grilled salmon drizzled with an orange glaze served with two sides 13.99

Other Dinner Options

Vegetable Stir Fry - Asian style vegetables over rice with choice of teriyaki, Thai sweet chili sauce, or orange sauce 6.99

Greek Isle Pasta - Sautéed onions, mushrooms, spinach, olives, and feta over bowtie pasta 7.99

Bowtie Pesto Parmesan - Sautéed onions, tomatoes, and peppers in basil pesto over bowties topped with parmesan cheese 7.99

Add chicken to either stir-fry or pasta for 2.00 more Add sirloin tips for 3.00 more

*Please note: Consuming items marked with an * asterisk, undercooked may increase your risk of food borne illness*

Sides

Homemade Potato chips 1.59

Seasoned Wedge Fries 1.89

Onion Rings 2.29

Baked Potato or Sweet Potato 1.49

Fried Green Beans or Onion Petals 2.99

Sautéed Seasoned or Asian Style Vegetables 1.59

Buffalo and bleu cheese chips 2.99

Side Sweet Potato Fries 2.99

Wild or White Rice 1.59

Loaded Baked Potato 1.89

Slaw 1.39

Vegetable of the Day-ask your server 1.59

Side Salads - **House Salad** - fresh spring greens, red onions, carrots, and grape tomatoes with croutons and cheese 3.29 **Side Caesar Salad** 3.29 **Side Greek Salad** 2.39

Salad Dressings: French, 1000 Island, Ranch, Chipotle Ranch, Balsamic Vinaigrette, Bleu Cheese, Honey Mustard, Fat Free Raspberry Vinaigrette, Fat Free Toasted Sesame, Fat Free Sun-dried Tomato Vinaigrette, Caesar, & Greek.



Sandwiches & Burgers

***Just a Burger** 3.99

Cheeseburger - American, Swiss, Cheddar, Bleu Cheese, or Pepper-jack 4.39

Bacon Cheeseburger 4.89

(All the way is lettuce, tomato, onion, ketchup, mustard, and mayo on a regular burger, cheeseburger, or bacon cheeseburger)

***Buffalo and Bleu Cheeseburger**-buffalo sauce and melted bleu cheese atop a burger on a lettuce and tomato bun 4.89

***Swiss Melt**-Brasstown Burger with grilled onions, mushrooms, and Swiss cheese on grilled sourdough 4.89

***Blue Mountain Burger**-Grilled onions, mushrooms, honey glazed bacon, ham, and Swiss on grilled sourdough with horseradish sauce on the side 5.09

***Heart Stopper Burger** –blackened burger, bacon, jalapeño poppers, bleu cheese, on a lettuce, tomato, and garlic aioli bun 5.09

***Chipotle Burger**-grilled onions, bacon, and melted pepper-jack over a burger with chipotle mayo, lettuce and tomato on the bun 4.89

***California Burger**-topped with grilled onions, avocado slices, and melted swiss with roasted red pepper mayo on a lettuce and tomato bun 4.89

***Arizona Burger**-hamburger topped with grilled onions, jalapeño, diced tomatoes, avocados, and pepper-jack with lettuce, tomato, and red pepper mayo 4.89

***Carolina Burger**-topped with bbq sauce, fried onion ring, slaw, and pickles on a lettuce, tomato, and bbq sauce bun 5.09

(Our burgers are hand-pattied from dry-aged Brasstown Beef)

*** add slaw or avocado to any sandwich for .50**

Chicken Melt-Grilled onions, mushrooms, bacon, and melted cheddar-jack cheese on a lettuce and tomato bun 4.89

Smoky Chicken Sandwich-grilled onions, mushrooms, bacon, bbq sauce, and melted cheddar-jack cheese on a lettuce, tomato, and chipotle mayo bun 4.99

Blue Mountain Chicken-Almost as good as the burger, but on a grilled bun-grilled chicken topped with grilled onions, mushrooms, honey glazed bacon, ham, and swiss 5.09

Greek Chicken Sandwich-Grilled chicken topped with grilled onions, tomatoes, and melted feta on a grilled pita with raita 4.99

Chicken Philly on a Pita-Grilled chicken, onions, peppers, and melted provolone on a pita 5.99

Flatbread Caesar Melt-grilled chicken topped with melted parmesan cheese on Caesar salad atop grilled flatbread 5.29

Philly Steak and Cheese-beef, onions, mushrooms, and peppers topped with melted provolone on a hoagie bun 5.99

Fish and Chips-beer battered cod on a hoagie with lettuce and tomato with a side of chips 5.79

Club Sandwich-The classic club-ham, turkey, American cheese, lettuce, tomato, and bacon 4.29

BLT-Bacon, lettuce, and tomato on toast 3.29

Grilled Cheese-served on Texas toast 1.99

TABL-Turkey, Avocado, Bacon, Lettuce, and Tomato on toast 4.39

Hot Ham and Cheese-ham and American Cheese on Texas toast 3.29

Reuben-Grilled corned beef, Swiss, kraut, and thousand island on grilled marble rye 5.09



Kid's Menu

Children's menu is available for children under age 10.

If you would like a smaller portion please order off the lunch menu or half-sized orders

(Each kid's meal comes with a choice of either an apple sauce, sautéed vegetables, chips, crinkle fries, or seasoned wedges)

Burger	\$4.69
Cheeseburger	\$4.99
Kids chicken bites	\$5.29
Kids Sirloin Tip	\$5.99
Ham Wrap	\$3.99

Beverage Menu

Soft Drinks and Tea (free refills while you dine in) Hi-C fruit punch, Coke, Diet Coke, Mr. Pibb, Sprite, Root Beer, Brewed Sweet Tea, Brewed Unsweet Tea, Bottled Dasani Water, Mello Yello (in a can)	1.69
Milk, Orange juice, Lemonade, and Apple Juice (no free refills on juice or milk)	Small .99 Large 1.79
Coffee	Small 1.19 Large 1.29
Hot Tea	.89
Hot Chocolate	.89
Milkshakes-hand-dipped milkshakes Chocolate, Vanilla, and Strawberry	3.99

***Have your next event at Blue Mountain Grill or have us cater your event at your
chosen location***

call or email Mary Frances today to make arrangements

BlueMtnGrill.com

30 NC HWY 141 • Murphy, NC 28906

828-837-1362

mary@bluemtngrill.com